

2024 SPRING CONFERENCE

JUNE 13-15, 2024

REGISTER TODAY!

OTTAWA

#CACPR2024



PROGRAM

CACPR is proud to be partnering with the Toronto Ottawa Heart Summit and Brain-Heart Interconnectdome for the 2024 Spring Conference

CACPR program includes Thursday June 13 and Friday June 14 until noon. All attendees who registered for two days can attend the TOHS afternoon programming after the joint programming in the morning. All attendees are also encouraged to join the final TOHS day on Saturday June 15 (full 3 day registration).

CACPR Program Learning Objectives (June 13 and June 14 to noon)

Upon completion of the conference, participants should be able to:

- Understand the concept of “Sustainable Health” as it applies to patient care, and be able to apply strategies in health care to shift away from managing a patient’s condition to promoting health
- Share strategies that cardiac rehab programs are using to provide patient-centered “precision” care to support the ever more complex and diverse patients that are being referred.
- Learn from the esteemed Terry Kavanaugh Lecture – winner tbd
- Discuss the psychological and physiological implications of being a caregiver for patients with CVD and approaches for supporting their health and wellbeing
- Explore the latest evidence related to frail patients and Cardiac Rehab, utilize efficient techniques to identify “frail” patients and understand how the interventions in CR can counteract frailty
- Discuss the use of semaglutides in the prevention and management of CVD
- Identify key updates, recommendations, and changes in hypertension management and treatment strategies outlined in the guidelines.
- Analyze emerging research and evidence suggesting the need for a paradigm shift in the approach to brain and heart care.
- Identify the relevant advances and highlight promising research concerning the interaction between exercise and cognition
- Review the evolving research and evidence regarding marijuana use and its effects on brain and heart health, incorporating new findings into clinical practice to optimize patient care and outcomes.
- Recognize the importance of assessing cognitive function and summarize steps for quick cognitive screening in the office setting

Target Audience: Physicians, sports scientists and kinesiologists, nurses, nutritionists, physiotherapist, respiratory therapists, researchers, and students

A minimum of 25% of each session will be dedicated to participant interaction.

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THURSDAY, JUNE 13, 2024

TIME	EVENT
7:30 – 8:30	Registration and breakfast
8:30 – 8:35	Conference opening welcoming guests and sponsors
8:35 – 9:00	CACPR Updates
9:00 – 9:45	Speaker to be confirmed
9:45 – 10:00	Physical Activity Break
10:00 – 10:30	Posters and refreshments
10:30 – 12:00	<ul style="list-style-type: none">• Panel discussion: How CR Programs in Canada are meeting complex patients• 30 min discussion: What strategies do you have to share/questions do you have?
12:00 – 12:45	LUNCH
12:45 – 13:45	Terry Kavanagh Lecture *welcome to bring lunch
13:45 – 14:30	Dr Monica Parry and patient partner : Caregiver risk and risk of CVD:
14:30 – 14:35	PA Break
14:35 – 15:00	Posters and refreshments
15:00 – 15:45	To be confirmed
15:45 – 16:40	Dr Jodi Heshka: Use of semaglutides in the prevention and management of CVD
16:40 – 16:45	Closing remarks
Travel to UOHI	5 pm Bus /Walking routes available
17:45 – 18:45	AGM
18:30 – 21:00	SOCIAL at UOHI (Bus returning to Lord Elgin)

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FRIDAY, JUNE 14, 2023 | Joint Plenary with Toronto Ottawa Heart Summit and Brain Heart Interconnectdome

TIME	EVENT
7:00	Registration and breakfast
8:00 – 8:15	Welcome Remarks
8:15 – 8:20	Cardiology trainee case presentation
8:20 – 8:35	Dr Sheldon Tobe: C-CHANGE Brain Heart Guidelines
8:35 – 8:50	Dr Mitchell Elkind: Brain & Heart Care: Time for a Paradigm Shift?
8:50 – 9:05	Dr Sandra Black: The Vascular Underpinning of Dementia
9:05 – 9:20	Dr Louise Bherer: Tackling the Heart-Brain Axis: Etiologies, Prevention and Intervention for Neurocognitive Deficits in Cardiovascular Diseases
9:20 – 9:40	Panel Discussion
9:40 – 10:15	Distinguished Lecture: Donald Lloyd-Jones Improving the Cardiovascular Health of the Population
10:15 – 10:45	BREAK
10:45 – 10:50	Cardiology trainee case presentation
10:50 – 11:05	Dr Jeff Huffman: Psychological Well-being and Brain Heart Health
11:05 – 11:20	Dr Hassan Mir: Marijuana Use: Effect on Brain Heart Health
11:20 – 11:35	Dr Peter Lin: Cognitive Screening and Why it's Important
11:35 – 12:00	Panel Discussion
12:00 – 13:15	LUNCH

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FRIDAY, JUNE 14, 2023 | Toronto Ottawa Heart Summit

TIME	EVENT
TOHS 1:15 – 2:25	Session 3: Intervention
	Cardiology trainee case presentation
	Dr Janine Eckstein: ORBITA-2 Trial and Intervention in Stable Angina
	Dr Stephen Fremes: Multi-Arterial Revascularization
	Dr Kendra Grubb: New Avenues in Transcatheter Mitral and Tricuspid Valve Disease
2:05 – 2:25	Panel Discussion
2:25 - 2:45	Break
TOHS 2:45 – 4:05	Session 4: OBESITY
	Cardiology trainee case presentation
	Dr Steven Nissen: Obesity
	Dr Mikhail Kosiborod: STEP-HFpEF Trial
	Dr Robert Dent: Obesity & Mental Health: Clinician & Patient Perspective
	Dr Ruth McPherson: Lipid Optimization: Role on Plaque Burden & CV Outcomes
3:50 – 4:05	Panel Discussion
4:05 – 5:15	Refreshments & Poster Session
5:15	Adjournment

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Saturday June 15, 2023 | Toronto Ottawa Heart Summit

TIME	EVENT
SAT 8:10 – 9:20	TOHS Session 5: Artificial Intelligence
	Cardiology trainee case presentation
	Dr Teresa Tsang: Imaging and AI Interface
	TBD: Artificial Intelligence in Medicine: Opportunities & Challenges
	TBD: Impact of GPT in Medicine
9:00 – 9:20	Panel Discussion
9:20 – 10:00	Distinguished Lecture: Dr Srinath Reddy Global Burden of Brain and Heart Conditions and Trajectory
10:00 – 10:30	Break
10:30 – 11:40	TOHS Session 6: Arrhythmias and Devices
	Cardiology trainee case presentation
	Dr Soori Sivakumaran: Long-term Outcomes of CRT for Heart Failure
	Dr Roopinder Sandhu: Device Detected Atrial Fibrillation
	TBD: Atrial Fibrillation Ablation update
11:20 - 11:40	Panel Discussion
11:40 – 1:05	TOHS Session 7: Systemic Disease and the Heart
	Cardiology trainee case presentation
	Dr Paula Harvey: Cardio-Rheumatology
	TBD: Amyloidosis: New Treatment Options
	Dr Carolyn Ho: New and Emerging Therapies in HCM
	Dr Philip McFarlane: Assessing Renal Risk in CV Patients: Going Beyond GFR
12:45 – 1:05	Panel Discussion
1:05 – 1:20	Closing Remarks and Adjournment
1:20 – 2:00	Lunch